

WARP SPEED:

Parenting Teens in a Digital Age

Tuesday, Nov. 12

5:30 p.m. - Refreshments and resource booths

6 p.m. - Program

29 Pines/Sleep Inn & Suites Conference Center

5872 33rd Ave., Eau Claire

Our kids' access to mobile technology allows them to experience the world at their fingertips. This informative, fast-paced presentation will provide an overview of the digital world of teenagers, what they are doing online, the impact technology has on social and emotional development and how to help kids use technology in a balanced and safe way.

Keynote speaker: Jessica Wong, Certified Prevention Specialist, Hazelden Betty Ford Foundation

Cost: Free. To register, call 715-717-1600 or visit www.SacredHeartEauClaire.org/Events-Classes



**Sacred Heart
St. Joseph's**
3D Community Health
Body. Mind. Spirit.

